



PINES EDGE | 865 CENTRAL AVE, NEEDHAM, MA 02492 • 781-433-6229 • NORTHHILL.ORG



North Hill values diversity and inclusion. We welcome individuals of all backgrounds and beliefs, knowing that our community thrives when different perspectives come together in mutual respect and shared purpose.

Pines Edge

THE SKILLED NURSING FACILITY
AT NORTH HILL



SKILLED NURSING
& REHABILITATION



THE FINEST IN SKILLED NURSING CARE

Pines Edge builds on North Hill's three decades of innovation and superior care by providing a "Small House" model for post-acute care, short term and long-term care residents. This care environment represents a significant departure from what might be found in a traditional nursing home. Under this model, we offer seven households, each household includes 10 or 12 private rooms each with its own bath, all encircling a central full kitchen, with additional common spaces for your elegant dining, recreation, rehabilitation, or contemplation.

Using this as a foundation for exceptional comfort and well-being, we serve residents through a wide range of post-operative or medical conditions.

THESE CLINICAL CONDITIONS MAY INCLUDE:

- Orthopedic surgery rehabilitation
- Stroke
- Parkinson's Disease
- Including hip/knee replacement
- Cardiac Rehab
- Intravenous therapy
- COPD (chronic obstructive pulmonary disease)
- Reconditioning following extended hospitalization
- Wound care
- Hospice and palliative care

Along with providing superior care, Pines Edge residents benefit from PurposeFULL Living, a philosophy of multidimensional wellness to enhance the life of your loved one. We are committed to filling our residents' days with opportunities to pursue interests including musical programming, culture, art and history – all to allow for faster healing.



LIFESTYLE

- Households are intentionally designed to maximize independence and quality of life with the support of highly coordinated health services.
- Experienced Team Members averaging nine years of excellence and service at North Hill.
- WI-FI to stay connected with friends and family plus access to iPads, laptops and desk computers.
- All inclusive dining services: Pines Edge chefs identify each resident's food choices, preparation preferences and allergies, and then provide options to individual tastes. The result is better overall health and added enjoyment.

HEALTH CARE

- Exceptionally high nurse to patient ratios providing more patient-centered care with personalized attention to individual needs.
- A commitment to coordinating care for the whole-person to ensure wellness and best possible outcomes.
- **Korebalance™**: The world's first balance system incorporating VSR training together with cognitive interaction. Korebalance exercises visual inner ear, and proprioception (knowing where the body is in space) to find or create new pathways in the brain, improving balance. professionals to customize the program.
- Strong history of high ratings for standards of care by CMS.
- Recipient of **The Center For Excellence Wound Care Award** from Wound Care Specialists, LLC
- Optional respite care to provide family caregivers with a break from their demanding responsibilities.
- **Cardiac Rehab**: In a skilled nursing facility, cardiac rehab strives to optimize each residents' physical, psychological and social well-being following a cardiac event with the goal of improving quality of life and reducing the risk of future complications. A structured program is designed to help individuals recover from events such as heart attacks, surgeries and other heart-related conditions to regain strength, endurance and overall cardiovascular health.
- **Therapy for Parkinson's Disease**: LSVT, of Lee Silverman Voice Treatment, is a specialized therapy program designed to improve communication and swallowing function in individuals with Parkinson's disease. In a skilled nursing facility (SNF) setting, LSVT can be a valuable component of comprehensive care for residents with Parkinson's Disease.