



PurposeFULL™ *Living*



SCAN ME

COURSE CATALOG
FALL 2025

All events are free of charge, but reservations are required
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PURPOSEFULL LIVING COURSES
FALL 2025

**The Art of Helen Meyrowitz
through September 2025**

TUESDAY, SEPTEMBER 16 | 11:00 AM

Blame it on the Cows with Historian Susan Wilson

TUESDAY, SEPTEMBER 23 | 11:00 AM

North Hill Resident Alan Henrikson
International and Intellectual Life at North Hill

TUESDAY, SEPTEMBER 30 | 1:00 PM

Dueling Violins: duets for violin and viola spanning 4 centuries
With Justin Ouellet and Nickolas Kaynor

OCTOBER 2025 - JANUARY 2026

Art Gallery Exhibit: Materiality

SATURDAY, OCTOBER 25 | 2:00 PM

North Hill's 3rd Annual Fall Fest 12 noon to 2:30 pm

TUESDAY, OCTOBER 28

Author Talk: Tim Crellin, *The Land of the Living*

Coffee Confab: Every 3rd Wednesday of the month
at 11:00 AM

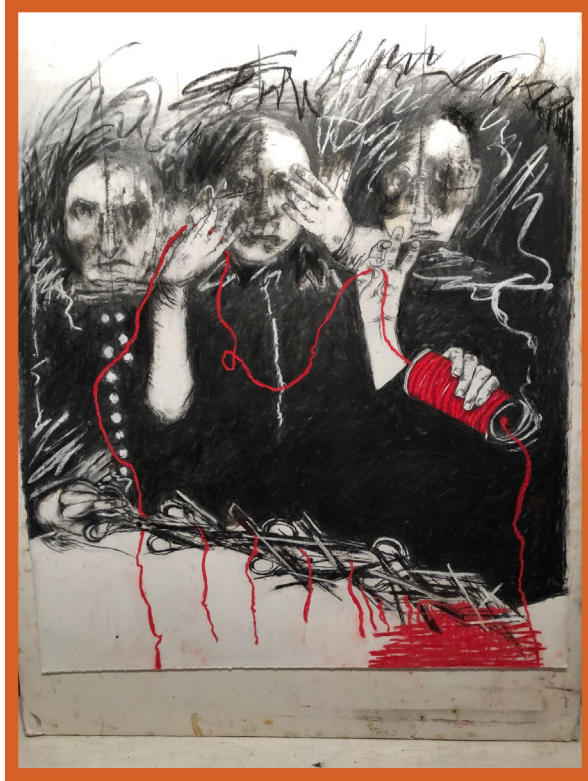
Reception following all events

FREE VALET PARKING!

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Through September 2025

The Art of Helen Meyrowitz



North Hill Resident and renowned artist Helen Meyrowitz founded the art gallery in North Hill. Some of her work is on exhibit in the Gallery at North Hill through September of 2025.

In addition to founding the gallery, Ms. Meyrowitz has created a permanent collection of art for the campus which continues to grow with every curated exhibit.

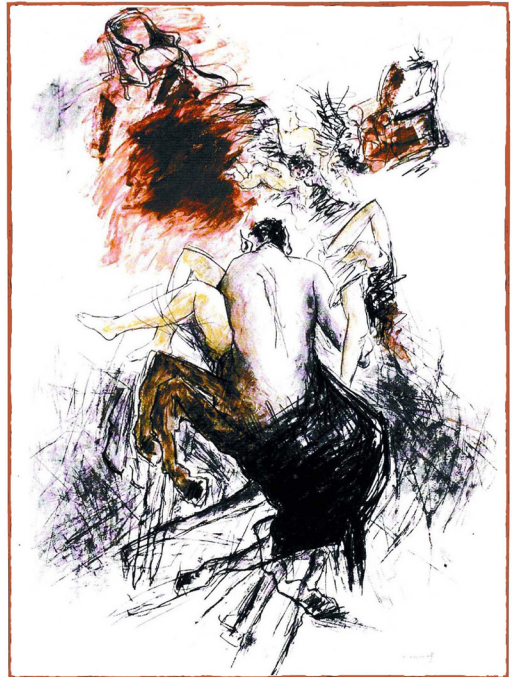
You can view the permanent art collection catalog on our web site www.northhill.org
(continued on following 2 pages)

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Read Boston Globe art critic Kate McCabe's essay about Helen Meyrowitz

Mrs. Meyrowitz has an extensive exhibition record. A partial listing includes The Brooklyn Museum, Hechscher Museum, Huntington, NY, New York State Museum, Albany, NY, Fine Arts Museum of San Francisco, Aldrich Museum of Contemporary Art, Ridgewood, CT, Portland Museum, Portland, ME, and the Danforth Museum of Art, Framingham, MA. Her work is in the collection of The St. Botolph Club, Boston, MA, Islip Art Museum, East Islip, NY, Hillwood Art Museum, Greenvale, NY, Delaware Museum, and Wilmington, DE, Adelphi University Museum, Garden City, NY, Higgins Armory Museum, Worcester, MA, and private collections.

Helen Meyrowitz's move to North Hill from Long Island in 2002 threw a wrench into her art career. She had studied with Robert Rauschenberg and exhibited with the de Koonings. She had marched with the Guerilla Girls and chaired the National Drawing Association. Her friends asked, "You're moving to the boondocks. What are you going to do?" Now we know: Helen has changed the face of continuing care with an infusion of art. She came to North Hill with her husband Sidney because their daughter was nearby, and Sidney soon began developing Alzheimer's symptoms.



Helen coped by making mythic drawings dancing with spontaneous gesture and emotional fluidity. Sidney died in 2009. By 2012 Helen was ready for her next chapter. She approached Kevin Burke, North Hill's then CEO, and proposed opening an art gallery. She called on Katherine French, executive director of the Danforth Art Museum, for advice. The first show, organized by the Danforth in 2013, spotlighted painter Ilana Manolson. Helen curated the second, "Boston Painters, Boston Painted," which included pieces by David Wells Roth, Richard Raiselis, George Nick, and Sean Flood. "It was a huge success," Helen said over lunch at North Hill's Bistro. "Kevin Burke was thrilled. He said, 'Okay, we'll back this.'" She was off and running. Helen set out to find purpose in her own life, but she ended up bringing vitality to North Hill that

(continued on next page)

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only art can, enriching the environment with vision, sensuality, mythos, and intellectual rigor. Residents and staff turn out for exhibition openings. It's a deeply engaged, opinionated community and Helen has gracefully – even playfully – navigated disagreements about her curatorial choices. For instance, an early exhibition featured a nude bronze by Jane Blair. One morning, a bathrobe appeared on the sculpture. “The next day I came in and there was a scarf draped around it,” Helen said. “One day there was a baseball hat on it. It was great fun! Everybody was thinking what they could do with it.” Helen went out into the art community, getting to know local artists and discovering a wealth of good art. She instituted regular artist talks, which draw crowds. She brought Danforth art to North Hill when the museum was changing campuses. In appreciation of her work, North Hill created a scholarship in Helen's name for art students at Needham High School – and has exhibited their artwork. Her vision has always been to create a living museum. To that end, she began the collection we're celebrating in this catalog, inviting artists to donate a piece after each show ended. Today, most of the 40 works in that collection are installed, salon style, on North Hill's third and fifth floors:

Paintings, photographs, prints, textiles, and sculpture by a roster of terrific artists – including Nancy Schön, Destiny Palmer, Sidney Hurwitz, and more. Fine art prints and posters hang in other hallways at North Hill like dim memories of art once savored elsewhere. Helen's collection bursts off the walls with a joyful jolt: Real art, good art, living art. Not bad for the boonies.

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IN the Art Gallery at North Hill, October 2025 – January 2026

Materiality



Materiality is an exhibition of collaborative works by artists Adrienne Shishko and Suzanne Moseley, known collectively as MOSH Studio. In their up-cycled, mixed-media artworks, the artists explore the alchemy possible at the nexus of opposing powers, asking the question: what generative solutions might emerge where two disparate forces converge?

This exhibition is a series of works that contend with the impact of consumer culture on coastal environments. The works on view are designed to draw viewers in with vibrant colors and textures, rewarding close looking with the recognition of familiar pieces of detritus now elevated and transformed. Through this work, the artists seek to explore the tension between our desire for convenience and our desire to protect our most beloved environments. With their own practice serving as a model, the exhibition posits collaboration as the key to unlocking heightened creativity, empathy, and appreciation so that we might address the most pressing issues of our time.

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Tuesday, SEPTEMBER 16
11:00 AM

Blame it on the Cows?

The Origins of Some of
Downtown Boston's Most Iconic
Streets and Alleys

with Historian Susan Wilson

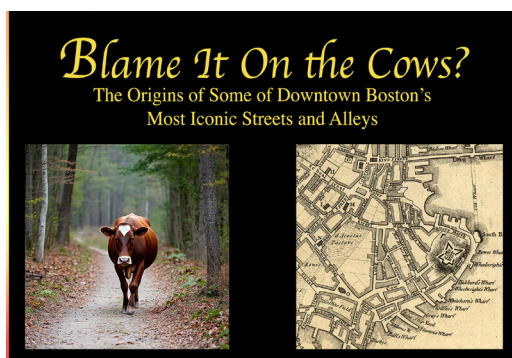
It's long been joked that the reason so many of downtown Boston's streets and alleys wander hither and yon—and why few people can figure out north, south, east, or west—is that the town's streets were laid out by wandering colonial cows. Through this lavishly illustrated PowerPoint lecture, audiences will learn to challenge that assumption as we explore the creation stories and naming protocols behind several of downtown's oldest avenues. If you've ever wondered where the school is on School Street, why Long Wharf is so short, what thoroughfare was named for Boston's three mountains, or which frog-serenaded street was renamed to honor the colonial doctor who administered controversial vaccines, wonder no more.

About Susan:

SUSAN WILSON is a highly respected photographer, writer, multimedia artist, and public historian who has exhibited her artwork in dozens of shows, and gained national recognition for her images of performing and literary artists.

She has long held a special affection for world history and cultures. The recipient of a B.A. (Phi Beta Kappa), M.A., and A.B.D. (All But Dissertation) in history from Tufts University, Susan taught history at both the secondary school and college levels before moving into a career in journalism and photojournalism. Her work regularly appeared in the ***Boston Globe*** between 1978 and 1996. Since 1994 Susan has been writing and photographing books on Boston history, which include ***Boston Sites and Insights; The Literary Trail of Greater Boston; Garden of Memories: A Guide to Historic Forest Hills; Heaven, By Hotel Standards: The History of the Omni Parker House; and A Brief History of Beacon Press and Women and Children First, the Trailblazing life of Susan Dimock, MD.*** She was a contributing author for ***Boston and the American Revolution*** and ***Symphony Hall: The First 100 Years.***

Susan is the official House Historian of The Omni Parker House and a Visiting Scholar at Brandeis University's Women's Studies Research Center.



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Tuesday, SEPTEMBER 23 | 11:00 AM

North Hill Resident Alan Henrikson

“International and Intellectual Life at North Hill”



North Hill is open to “the world”—in many spheres of human accomplishment, including music and the visual arts, science and technology, history and politics, economics and business, and philosophy and religious tradition and also in the range of experience of persons who live and are employed here, for we come from, have worked or served in, and have traveled to places all over the globe. To reside at North Hill is a *learning* experience, an unexpected further education. It is not only in its many formal programs—the Friday Night Forum, the Understanding Our World series, the “North Hill Reads”

book, the annual Farley Lecture, and the new North Hill Academy. It is the enlightenment of informal conversations that one has on an almost daily basis with fellow residents, team members, and family and other visitors, of all ages. The interchange enhances our mental and moral life with the constant stimulus of shared thinking, humor, and accumulated wisdom.

Alan Henrikson, a resident at North Hill for three years, is *Lee E. Dirks Professor of Diplomatic History Emeritus* at The Fletcher School of Law and Diplomacy, Tufts University, where he taught American diplomatic history, contemporary U.S.-European relations, global political geography, and the history, theory, and practice of diplomacy for more than four decades. He has served as Fulbright Professor at the College of Europe in Bruges and, earlier, at the Diplomatic Academy in Vienna. He has given courses at universities in Beijing and Moscow and also has taught in Japan, Vietnam, and South Africa. He is a graduate of Harvard University and of the University of Oxford, where he studied Philosophy-Politics-and-Economics at Balliol College as a Rhodes Scholar.

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Tuesday, SEPTEMBER 30 | 1:00 PM

Dueling strings: duets for violin and viola spanning 4 centuries

With Justin Ouellet and Nickolas Kaynor



Justin Ouellet has performed on three continents as a soloist, chamber and orchestral musician. His training as a classical musician has awarded him opportunities to perform with members of prestigious groups ranging from the Boston Ballet, Philadelphia Orchestra, to Seoul Philharmonic Orchestra. Justin has been blessed to share the stage with renowned musicians such as Andrea Bocelli, Anna Laura Quinn, IL VOLO, Jón Þór Jónsi, Kev Choice, Midori, Nadja Salerno Sonnenberg and the Transiberian Orchestra, and has appeared as a soloist | featured artist with the Manchester Choral Society, Nashua

Chamber Orchestra, New Bedford Symphony, Nightingale Vocal Ensemble, Pacific Boys Choir, and San Francisco Symphony. He has been guest concertmaster or a principal player with the Atlantic & Eastern Music Festival, Berkeley Recording Sessions, Cape Symphony, Manchester Choral Society, New Bedford Symphony, New Hampshire Masterworks Chorale, Pro Arte Chorus, and Pacific Boys Choir. He has received recognition for his talents as an artist and educator, receiving the San Jose Jazz Live Aid Grant, Academy of Gospel Music Educator of the Year and voted Best Jazz Instrumentalist by San Francisco Classical Voice. Justin also performs regularly with Boston Festival Orchestra, Boston Opera Collaborative, Cape Symphony, Cape Cod Chamber Orchestra, New Bedford Symphony, Victory Players, and Whitesnake Projects. He can be heard on dozens of recordings and has worked on a variety of production projects around the country bringing him to renowned studios such as the late Fantasy Studios and Skywalker Ranch, fantasy studios and WGBH. He and his wife, Ann Moss, reside in Watertown, Massachusetts and maintain faculty positions at Groton Hill and Boston Latin School. They are members of the Recording Academy Find out more @ [justinouellet.com](https://www.justinouellet.com)

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Tuesday, SEPTEMBER 30 | 1:00 PM

Dueling violins: duets for violin and viola spanning 4 centuries

With Justin Ouellet and Nickolas Kaynor



Nickolas Kaynor is a versatile artist who currently serves as principal violist of the Battle Creek Symphony Orchestra, and as section violist of the Hartford Symphony Orchestra, the Vermont Symphony Orchestra, and the Binghamton Philharmonic Orchestra. He also performs regularly with ensembles such as the New Haven Symphony Orchestra, the New Bedford Symphony Orchestra, the Cape Symphony Orchestra, the Portland Symphony Orchestra, and the Plymouth Philharmonic Orchestra, among others. As a featured soloist with the Battle Creek Symphony

Orchestra, he has performed symphonic arrangements of Freddie Mercury's Bohemian Rhapsody and Pete Townshend's Who Are You? Other solo performances have included Béla Bartók's Viola Concerto with the Chapman Orchestra and Gerald Cohen's Uvtovo M'chadesh with the Florilegium Chamber Choir. Nickolas regularly performs as violist of the NYC-based Starling Quartet in collaboration with singer and composer Lacy Rose; the group recently recorded an album entitled Lispector, which is set to be released in May 2025. He was the violist of the Chapman Duo, an ensemble that won both the Wildflower International Recording Competition and the Frances Walton Competition, and was a semi-finalist for the American Prize in Chamber Music Performance. Additionally, he won first place in the Chapman Concerto Competition and second place in the Ruth Widder String Quartet Competition. In 2022, Nickolas completed a dissertation about the Bartók Viola Concerto to conclude his doctoral studies at the Manhattan School of Music under the tutelage of Professor Daniel Avshalomov. In his spare time, Nickolas enjoys transcribing and arranging music by inspiring artists such as Mister Rogers, J.S. Bach, and Cher, among others. He also has a passion for repairing inexpensive, broken instruments and transforming them into unique decorative scordatura pieces.

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Saturday, OCTOBER 25, 2025

**North Hill's
3rd Annual Fall Fest
12 noon to 2:30 pm**

Please join us for **North Hill's 3rd Annual Fall Fest** on **October 25, 2025** from **Noon to 2:30pm**.

Bring the kids, the grandkids and all the grown-up kids for a fabulous barbeque and lots of sweet treats on our Town Green. Take a ride on our horse-drawn carriage and talk with the animals in our petting zoo.

Facepainting, crafts, pumpkin bowling are on the docket.

We'll be serenaded by an acapella group too.

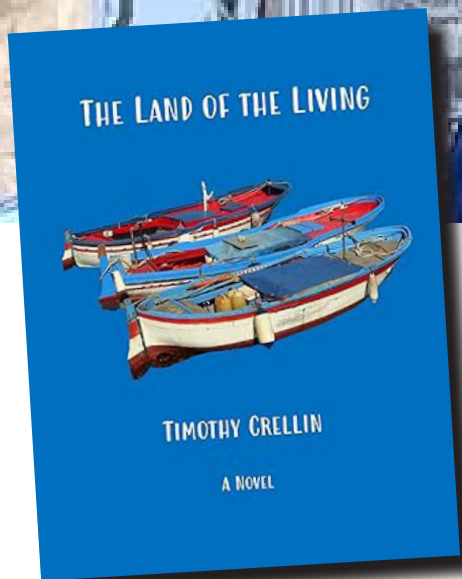
FREE OF CHARGE



All events are free of charge. Reservations for this event are requested, but not required.

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Author Talk:
Tim Crellin,
The Land of the Living
Tuesday, October 28 ---
2:00 PM

A favored son of North Hill is coming to talk about his book! That's right, Tim Crellin, son of North Hill residents David and Barbara Crellin will be here to talk about *The Land of the Living*, his moving narrative about family, love and all the ways life can surprise us.

About the Book:

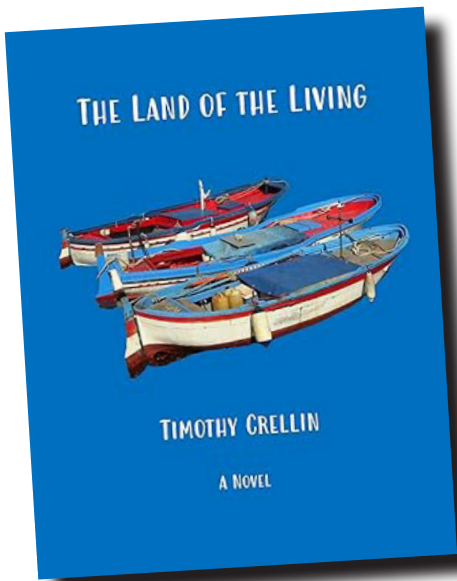
The Land of the Living is a historical novel that explores the themes of immigration and assimilation, war and its impact on families, the role of race and class in forging identity, and what it means to find home. The story follows Angela Amorelli and her husband Tommaso through Ellis Island and on to their new life in a New England fishing town. Angela sacrifices everything, hoping to create a better future for her children, only to be confronted with more loss and strife than one could bear. But with remarkable strength and resilience, she carries on through the wars and upheaval that shaped the 20th century, becoming the force that confronts war's impact and heals her family. An unforgettable story of family and faith, *The Land of the Living* inspires readers to rethink how we came to be who we are.

About the author

The Land of the Living grows out of the author's fascination with his Sicilian heritage, on his mother's side. Crellin studied Italian and lived in Bologna for a year. He has Italian citizenship, speaks fluent Italian, and visits his family in Sicily as often as possible.

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**Author Talk:
Tim Crellin,
The Land of the Living
Tuesday, October 28 ---
2:00 PM**

The other taproot of the book is Tim's deep study of war in the 20th century, and particularly the generational impact of World War I, World War II and Vietnam on immigrant families.

Crellin is an Episcopal priest, raised in the Boston area and educated at Brown University and Harvard Divinity School before being ordained in 1996.

Tim was Vicar of St. Stephen's Church in Boston from 1999 to 2022, and was the founder of St. Stephen's Youth Programs. Previously he was Associate Rector of the Church of the Redeemer in Chestnut Hill.

Under Tim's leadership, the B-SAFE summer academic enrichment program which he started in the summer of 2000, expanded to serve more than 650 youth at locations in the South End, Roxbury, Dorchester, Mattapan and Chelsea. More than 250 young people attended daily after school programs operated by St. Stephen's Youth Programs and locations in the South End and Roxbury.

Over the course of more than twenty years, Tim and his staff developed a unique partnership program with a network of more than fifty suburban churches and 1,000 volunteers who support the programs, serving as tutors and mentors. This network also supports a partnership with the Blackstone School, with volunteers assisting in every classroom and staffing the school library. Tim is also a founder of the B-PEACE Campaign, an anti-violence effort founded after the death of long-time member of the St. Stephen's community.

In addition to being Rector of St. Paul's Church in Gardner and Dean of the Wachusett Valley Deanery, Tim is a chaplain with a local hospice provider. He serves on the Ethics Committee at Heywood Hospital in Gardner, and on the Beloved Community Commission of the Diocese of Western Massachusetts.

Tim is an avid gardener, runner, reader, and Boston sports fan. He and his wife Jenny climb Mt. Monadnock at least once a week, occasionally with their adult son, Adam.

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Coffee Confab at North Hill

Every Third Wednesday of the Month with North Hill Residents at 11:00 AM

Are you wondering what life at North Hill is really like? Well come find out from the people who really know. Residents of North Hill will answer your questions when you visit for a Coffee Confab. Join a group of residents for an hour of coffee, homemade breakfast pastries and conversation about life on campus

Come and get the answers you've been looking for. No pressure, no sales pitch, just friendly conversation, a few sweet treats and a good hot cup of coffee – or tea!

Coffee Confabs in 2025 at North Hill

Wednesday, September 17 at 11am

Wednesday, November 19 at 11am

Wednesday, October 15 at 11am

Wednesday, December 17 at 11am



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REQUIRED
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Live. Learn. Grow. Repeat.

At North Hill we offer more than a beautiful place to live. We offer a lifestyle. Your lifestyle. One that's full of discovery and purpose. Here you can have a life that looks to the future with new perspectives, in a community of thinkers and doers who are apace with the world around them. Come to North Hill. Because your future is here.

- Professional art Gallery
- Modern, stylish apartments
- State-of-the-art fitness and pool
- Outdoor Dining
- Three restaurants offering exquisite cuisine
- Security and financially stability
- Art, culture and lifelong learning
- A campus surrounded by nature

Live. Learn. Grow. Repeat.

Your Future is Here.

Spring 2025

PurposeFULL™ *Living*

COURSE CATALOG



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